



Bumblebee Daily Rhythm



7:30 am	Welcome and Exploration
7:45 am	Art and Sensory Invitations Available
8:15 am	Breakfast
9:15 am	Diaper Checks and Toileting*
9:30 am	Circle Time
9:45 am	Tidy Up and Transition Outdoors
10:00 am	Outdoor Exploration
11 am	Diaper Checks and Toileting*
11:15 am	Lunch
11:45 pm	Transition to Rest
12:00 pm	Rest and Nap
2 pm	Gentle Wake Up + Diaper Checks and Toileting*
2:05 pm	Snack
2:30 pm	Outdoor Play or Sensory Gym
3:30 pm	Program Ends

**Diapers will be checked and changed throughout the day, as needed.*